

Self-Reflection Questions

1. Who am I, really?
2. What worries me most about the future?
3. If this were the last day of my life, how would I want to spend it?
4. What am I really scared of?
5. What do I need to trust God with more of this week?
6. Am I holding onto something I need to let go of?
7. What matters most in my life?
8. What am I doing about the things that matter most to me?
9. Why do I matter?
10. How much energy am I putting into my relationship with God?
11. Have I don't anything lately that's worth remembering?
12. Have I made someone smile today?
13. What have I given up on? Why? Can I go back and work on it?
14. When did I last push the boundaries of my comfort zone?
15. How can I reflect more of God's character in my life?
16. If I had to instill one piece of advice in a child, what advice would I give?
17. What small act of kindness was I once shown that I will never forget?
18. How do I want to live my life?
19. What do I need to change about how I live my life?
20. What is standing out to me in my bible readings?
21. Is it more important to be loved or to love?
22. What is capturing my worship?
23. How many of my friends would I trust with my life?
24. Who has had the greatest impact on my life?
25. Would I break the law to save someone I love?
26. What am I being called to?
27. What do I want most in life?
28. How can I be used by God to further His kingdom?
29. What is God asking of me?
30. Which is worse: failing or never trying?
31. What's one thing I'd like others to remember about me when I am gone?
32. Does it really matter what others think of me?
33. What is my purpose in life?
34. What do I find joy in?
35. Where have I seen God's presence this week?