

# “I am” Poem

Poetry is a fun way to create something new—and to express yourself in your own voice. This “I Am” poem is all about **you**: what you notice, what you care about, what you hope for, and what makes you, you. Fill in each blank. Take a look at the example at the end for ideas.

## Verse 1 (Start strong and describe yourself)

I am (two special characteristics you have)	
I wonder (something that makes you curious)	
I hear (an imaginary sound)	
I see (an imaginary sight)	
I want (a real desire)	
Repeat your “I am...” line	

## Verse 2 (Add feelings, worries, and what you care about)

I pretend (something you pretend to do)	
I feel (a feeling about something imaginary)	
I touch (an imaginary touch)	

I worry (something that bothers you)	
I cry (something that makes you sad)	
Repeat your "I am..." line	

Verse 3 (End with truth + hope)	
I understand (something that is true)	
I say (something you believe in)	
I dream (something you dream about)	
I try (something you really try)	
I hope (something you hope for)	
Repeat your "I am..." line	

## “ I AM

I am STRONG and CARING.

I wonder WHO GOD WANTS ME TO BE.  
 I hear WATER RUNNING AND BIRDS CHIRPING.  
 I see THE BIGGEST WATERFALL I'VE EVER SEEN.  
 I want TO MAKE AN IMPACT.

I am STRONG and CARING.

I pretend TO BE CALM AND COLLECTED.  
 I feel A CALLING TO HELP.  
 I touch THE WATER.  
 I worry THAT IT WON'T BE THE WAY I WANT IT TO BE.  
 I cry FOR THOSE FEELING UNLOVED.

I am STRONG and CARING.

I understand THAT GOD HAS A PLAN.  
 I say LEARN TO LOVE WHO YOU ARE.  
 I dream OF MAKING PEOPLE FEEL LOVED.  
 I try TO SPREAD PEACE AND LOVE.  
 I hope I'VE HELPED JUST ONE PERSON.

I am STRONG and CARING.— Rachael Nitz



